

# MEMBER COMMUNICATION

ISSUE 1, 2024



**WHY STAY WITH  
SIZWE HOSMED**

*We're Here*  
*We're Operating*



[www.sizwehosmed.co.za](http://www.sizwehosmed.co.za)



**SIZWE HOSMED**  
MEDICAL SCHEME  
*Your choice for quality care*



**At Sizwe Hosmed Medical Scheme our valued members are at the heart of everything we do.**

**Our doors are always open, we're operating, we're paying claims and we're here for you ready to support you with prompt claims processing and exceptional service every day.**

**We understand that healthcare is not a one-size-fits-all. That's why we offer a diverse range of products and services tailored to meet your unique needs. Whether it's preventive care, specialist consultations, hospitalisation, or emergency services, our extensive network of healthcare providers ensures you receive the highest quality care without compromise.**



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MEDICAL SCHEME  
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# Why Stay with Us?

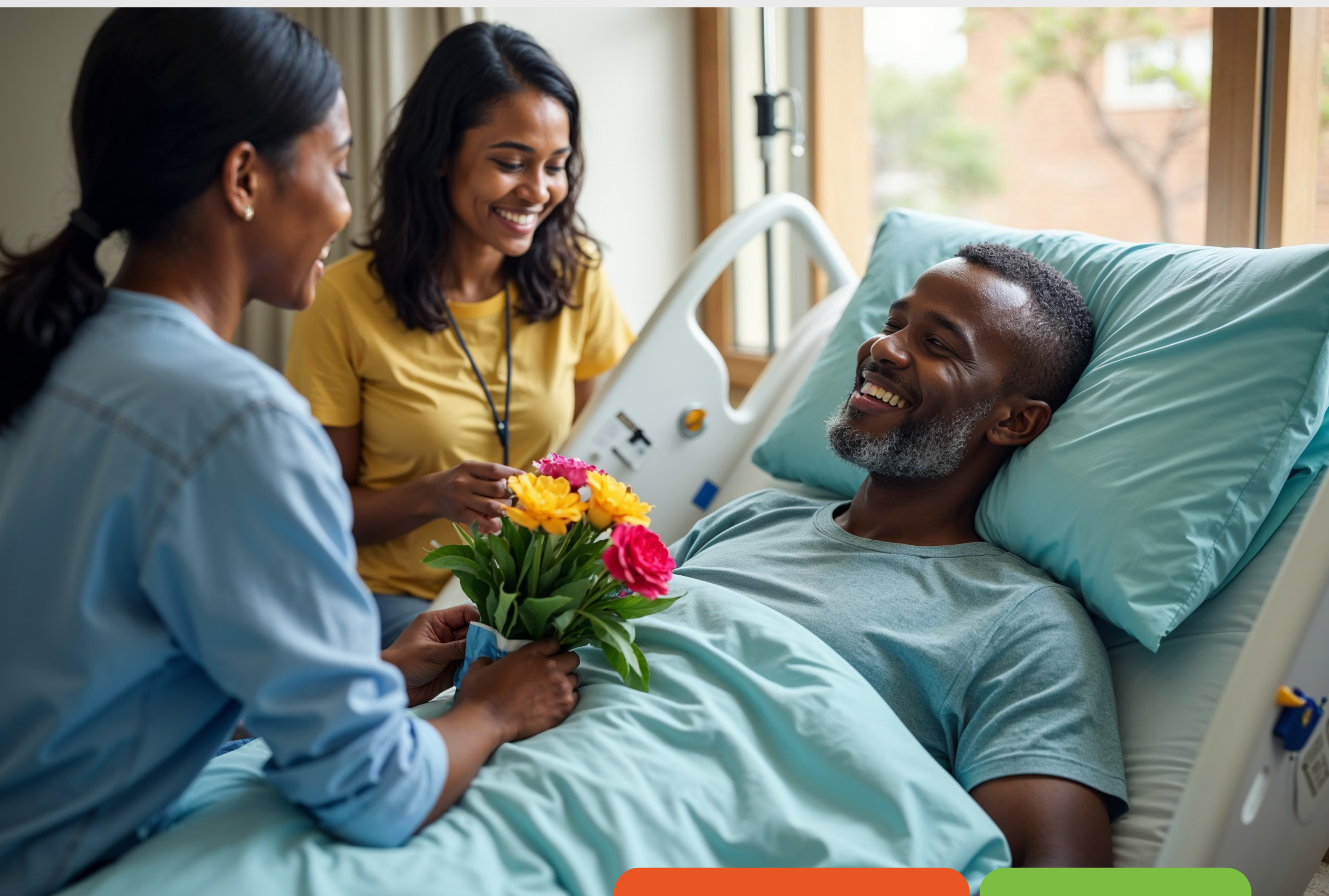
Staying with us means embracing a health journey designed for every stage of life.

- Our diverse product range caters to all age groups—whether you're an infant, a young professional just starting out, a growing family, or an established individual looking for comprehensive care.
- From starter plans for the young and healthy, traditional plans for families to Medical Savings Plans (MSA) that allow you to save while managing your health, our offerings are designed with you in mind.
- Enjoy peace of mind knowing that all Medical Savings Plan (MSA) funds are available to you at the beginning of the year, with any unused funds rolling over year after year. Should you choose to leave the Scheme, the remaining balance is refunded to you.



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- With plans starting as low as **R1 054** (Ts & Cs apply) for the main member, we ensure that quality healthcare is within your reach.
- Our plans come with hospital networks that guarantee you access to top-notch healthcare treatment at affordable rates.



- Beyond hospital care, our out-of-hospital plans provide a wide array of services—from virtual and in-person GP and specialist consultations to physiotherapy, radiology, and acute medication.
- As our member you have access to dental and optometry networks, ensuring that quality care is always within your reach, no matter where you are in South Africa.

- And for our larger families, we don't believe in penalising you. You only pay for a maximum of three child dependents—any additional children are free!
- Our wellness benefits ensure preventative healthcare screenings and early diagnoses, empowering you to take charge of your health.



- For expectant mothers, our comprehensive Maternity Programme includes a fully stocked baby bag and educational materials to support you on your journey.
- Plus, our dedicated Healthcare Programmes assist you in managing chronic conditions, mental health, and more, helping you avoid unnecessary hospitalisations.
- We cover 27 chronic conditions or Prescribed Member Benefits, with more available on selected benefit options.



**SIZWE HOSMED**  
MEDICAL SCHEME  
*Your choice for quality care*

Our dedicated team is here to guide you every step of the way. We're ready to answer your questions, help you navigate your options, and ensure you receive the best care possible.

Together, let's embark on this health journey.

**We are here for you  
Today and Always!**

[Click here for more information](#)

## CONTACT US

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