

MEMBER COMMUNICATION

ISSUE 2, 2024

2025 BENEFIT IMPROVEMENTS

We're *Here* 
We're *Operating*



www.sizwehosmed.co.za



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Your choice for quality care



Here's to a Brighter and Healthier 2025!

In 2025, Sizwe Hosmed is focusing on preventive care to help our members stay ahead of potential illnesses and improve overall health by catching conditions early when they can still be treated.

By prioritising preventive care, we empower our members to take control of their health, reduce chronic diseases risks, and lead healthier lives. In the long run, this can result in fewer hospital visits and lower healthcare costs.

We are increasing our benefits by **5%** across all options whilst optical (eye) benefits will increase by **8%**.



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Vitamins for a Healthier You!

Starting in 2025, Sizwe Hosmed will include **Vitamins** in acute medication benefits. By adding vitamins to our benefits, we are strengthening our commitment to preventive care and helping you take proactive steps toward a healthier lifestyle.

Vitamins play an important role in maintaining good health.

Here's how they benefit you:

- **Boost Immunity:** Vitamins help strengthen your immune system, protecting you from common illnesses.



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- **Support Energy Levels:** Some vitamins convert food into energy, keeping you feeling vibrant and energised.
- **Improve Skin Health:** Other vitamins can contribute to healthier skin by helping repair skin tissue and maintaining elasticity.
- **Strengthen Bones:** Others improve calcium absorption, leading to stronger, healthier bones.
- **Promote Heart Health:** Other vitamins help reduce heart diseases.



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2025 Hospital Network Partnerships

Sizwe Hosmed is excited to announce partnerships with two leading healthcare providers, **Netcare** and **Mediclinic Hospital Groups** starting **01 January 2025**.

This collaboration aims to enhance your quality of care by offering an expanded healthcare service network boasting a wider range of specialists, state-of-the-art facilities, and access to advanced medical treatments across multiple locations.

Reminder

The partnership with Netcare and Mediclinic starts on **01 January 2025**. Until then Members must continue to use the existing hospital networks namely, Life Hospital and NHN Group.



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Increased Optical Benefits for 2025

We are excited to announce that, starting January 2025 optical benefits will be increased by **8%** to ensure members receive even greater care for their vision health.

What Does This Mean for You?

With these enhanced benefits, you'll have access to:

- Higher benefits for prescription glasses and contact lenses, making it more affordable to stay up to date with your eyewear needs.
- Higher benefits for eye exams, helping you detect vision issues early and maintain optimal eye health.



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Why Is Vision Health Important?

- Your eyes are a window to your overall health. Regular eye exams not only help maintain clear vision but can also detect other underlying health issues such as diabetes, high blood pressure, and more.
- With these increased benefits, Sizwe Hosmed is making it easier for you to stay on top of your eye care without worrying about extra costs.
- We are committed to helping you and your family see clearly and enjoy a healthier life.



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LEANER AND BETTER BENEFITS!

At Sizwe Hosmed, every day we're working hard to enhance our products and services, ensuring that our members receive the best care.

We will be streamlining our benefit options from **Eight** to **Six** by merging some of our existing plans.

Specifically, the Value Option will be merged with the Platinum Enhanced Option, forming a new benefit option called the **Value Platinum Plan**. Similarly, the Plus Option is being removed and incorporated into the **Titanium Executive Plan**.



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2025 Benefit Options





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Our dedicated team is here to guide you every step of the way. We're ready to answer your questions, help you navigate your options, and ensure you receive the best care possible.

Together, let's embark on this health journey.

**We are here for you
Today and Always!**

[Click here for more information](#)

CONTACT US

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